



GOVERNO DE
PORTUGAL

MINISTÉRIO DA EDUCAÇÃO
E CIÊNCIA

AGRUPAMENTO DE ESCOLAS EMÍDIO NAVARRO
170938



A VERY TRADITIONAL CHRISTMAS RECIPE

Christmas Time
EB1 Cataventos da Paz School



ARROZ DOCE/SWEET RICE



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WHAT DO WE NEED...

To 4/5 persons

- 2 cups water
- 1 cup white rice
- 2 cups hot milk
- 1 cup sugar
- 1 fresh lemon rind
- Toppings
- cinnamon





WHAT TO DO...(1)

- 1 Bring water to a boil in medium saucepan.
- 2 Add rice and cover, simmering for 20 minutes.
- 3 Add milk, sugar and lemon rind, stirring constantly until thickened to oatmeal consistency, about 15-20 minutes.
- 4 It will also thicken some while cooling.



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WHAT DO DO... (2)

5

Pour into one large serving plate and remove lemon rind.

6

Spread flat and allow to cool on wire rack.

7

You can be decorative with cinnamon by pinching a bit between your fingers and place while your hand is no more than an inch away from the rice (cross patterns are traditional), or you can just dust the entire top with the cinnamon.

8

Serve at room temp, but refrigerate uneaten portion.



NICE EXPERIENCE...

